

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Chicken Burgers & Fries **3**  
Veggies  
Romaine Lettuce/Tomato  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Bean-N-Cheese Burritos **4**  
Tater Tots  
Fresh Veggies & Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Cheese Burgers **5**  
Waffle Fries  
Fresh Veggies and Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Mini Corn Dogs **6**  
Potato Wedges  
Fresh Veggies & Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Mac-n-Cheese **7**  
Broccoli  
Wheat Dinner Rolls  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Nachos Supreme **10**  
Black Beans  
Romaine Lettuce/Tomato  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Chicken Stir Fry **11**  
Brown Rice  
Dinner Rolls  
Fresh Veggies and Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Bean-n-Cheese Burrito **12**  
Spanish Brown Rice  
Fresh Veggies and Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Grilled Cheese & Tomato Soup **13**  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Hot Dogs **14**  
Baked Beans  
Fries  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

BBQ Chicken **17**  
Brown Rice  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Pop Corn Chicken **18**  
Tater Tots  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Cheese Pizza **19**  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Beef Stroganoff **20**  
Wheat Dinner Rolls  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Hamburgers **21**  
Waffle Fries  
Veggies/Romaine Lettuce/Tomato  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Turkey Sandwiches **24**  
Chicken Noodle Soup  
Romaine Lettuce/Tomato  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Silver Sea Special **25**  
Brown Rice  
Wheat Dinner Rolls  
Veggies & Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Chicken Strips **26**  
Potato Wedges  
Veggies & Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Chicken Burgers **27**  
Tater Tots  
Romaine Lettuce/Tomato  
Veggies & Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

Pepperoni Pizza **28**  
Veggies  
Fresh Fruit  
Milk (1% milk and nonfat)  
100% Fruit-Juice

