

# **Hydaburg City School District**

Response to COVID-19

@ HCSD

Mitigation Plan/Smart Start

## INTRODUCTION AND GUIDING PRINCIPLES

**The Hydaburg City School District's** Smart Start to School plan is a working plan developed to support the community's efforts to navigate the reestablishment of school where families, students, and staff feel safe as we work to reduce the risk of COVID-19. The guidelines referenced in this plan are based on guidance from the Centers for Disease Control and Prevention (CDC), the Alaska Department of Health and Social Services (DHSS) and the World Health Organization (WHO). Regular updates to this plan will be made as additional information from CDC, DHSS, WHO, and applicable federal, state, and local agencies become available.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

## RETURN TO SCHOOL

HCSD, in partnership with Prince of Wales Island school districts, will determine which risk level is appropriate at the beginning of each school year. The purpose of this collaborative decision annually is three-fold:

- Protect students, families, and staff members by ensuring appropriate mitigation procedures such as wearing of face coverings and social distancing. We will also provide students and staff members the opportunity to learn and become familiar with the procedures and guidelines that will be critical for all of us to follow to ensure the safest learning and working environment during the school year recognizing that our goals are 1) to keep students, staff, community members safe and 2) remain in person as much as safely possible.
- Provide a window for the community and district to learn and adjust how to operate as appropriate within a risk scenario that the community and district has no experience or familiarity with to ensure maximum safety for our students, families, and staff.
- Ensure that we are maximizing our students' in-person learning opportunities with hybrid instructional approaches (direct classroom-based instruction and distance delivery) so that rapid transition to remote learning is possible. Developing the strategies and tools of this approach takes time and training.

The risk scenarios are as follows:

Risk Level/Educational Approach	Description
<b>Green</b> /Low Risk -- In Person Learning	<ul style="list-style-type: none"> <li>▪ 0 confirmed cases in either students or staff the past 10 days in the community.</li> <li>▪ Active but contained cases in the community, not students or staff.</li> <li>▪ No reported increase in cases on Prince of Wales Island.</li> </ul>
<b>Yellow</b> /Medium Risk – Learning <i>[ : a long-term ion approach.]</i>	<ul style="list-style-type: none"> <li>▪ Long term, consistent reports of increased transmission on Prince of Wales Island.</li> <li>▪ Increased risk of potential transmission in the community.</li> <li>▪ Increased safety protocols indicated on Prince of Wales Island Schools.</li> </ul>
<b>Red</b> /High Risk – Full Remote Learning	<ul style="list-style-type: none"> <li>▪ Obvious community spread over a 10-day period.</li> <li>▪ 5+ active community transmission including amongst staff and students.</li> <li>▪ Publically available data shows increasing transmission (includes positive lab tests and home antigen tests).</li> </ul>

## Health and Safety Protocols

To help prevent the spread of the COVID-19 virus, including all variants, HCSD has the opportunity and responsibility to educate students, families, and staff on social etiquette, good health and hygiene habits, and disease prevention. HCSD will provide regular hand-washing and respiratory hygiene/cough etiquette education for all K-12 students. Our basic educational message will be:

- Wear appropriate Personal Protective Equipment (PPE), best choice is a N95 mask.
- Cover your cough/sneeze.
- Wash hands often.
- Stay home if sick.
- Consider vaccination in those 5 years or older as appropriate.

While vaccination is not a requirement for in person learning at HCSD, it is the strongest protective measure against COVID-19 available to individuals 5 years or older. Vaccination will be promoted for all eligible students, teachers, staff, and contractors.

An appropriate mask is anything that completely covers the mouth and nose and fits securely on the sides of the face and under the chin. It should be made of (if cloth) two

or more layers of tightly woven fabric with ties or straps that go behind the ears or around the head. N95 masks are highly recommended. A face shield can be used by people with developmental, behavioral, or medical conditions that prevent them from wearing a recommended mask.

To help prevent the spread of COVID-19 and reduce the potential risk to our students and staff, HCSD will require staff and students to complete a daily screening which includes temperature reading and answering a set of questions related to COVID-19 symptoms including:

- Loss of taste or smell
- Fever (100.4 degrees or more) or chills
- Headache
- Cough
- Shortness of breath or difficulty breathing
- Repeated shaking with chills
- Muscle or body aches
- Tiredness or fatigue
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19

Additionally, good ventilation and indoor air quality are important to reducing airborne exposure to respiratory pathogens, chemicals, and odors. Teachers and staff will offer more outdoor time, open windows often, and adjust systems to allow the maximum amount of outside air to enter the program space and increase air filtration. Each learning space at HCSD has been provided with an electric air filter designed for the size of the learning space it is placed in.

### **Screening Testing**

Following a community outbreak, every Monday, HCSD will utilize a rapid antigen home test to monitor all students and staff, when cases are increasing (or not substantively decreasing) in the community, or on the Island. To further ensure safety in the school and community, weekly testing will continue for 8 weeks. Furthermore, students will not be tested without a parent's written consent. However, if a parent does not provide written consent for HCSD to test for Covid-19, then it will become the responsibility of the parent to provide valid written documentation that their student(s) are COVID-19 negative, on a weekly basis.

The process for weekly Covid-19 testing will be as follows:

## **Students & Para-Professionals**

1. All students and paras will be masked with KN-95 or N-95 masks, at all times.
2. Students and paras go into the big gym as they arrive at school on Monday (between 9:00 AM – 10:00 AM and sit on the left side of the gym bleachers on marked spots to await their turn to test. The bleachers will be marked with seating spaces 6 feet apart.
3. Students and paras will be called down on the gym floor to take their test. Other students will wait their turn while seated in the bleachers.
4. A school or medical representative will administer tests to students. Most home tests take 10-15 minutes to show a result.
5. Students and paras will move to the right side of the gym bleachers to wait for their test results.
6. Once the student and para's test results are completed, their name will be marked off the testing list and a positive or negative indicator will be marked on the page.
7. If the test is negative, the student and/or para will proceed to their classroom.
8. If the test is positive, the student's family will be contacted and the student will be subsequently sent home with a packet of information about the care of COVID-19 at home. In the case of a para, they will be sent home to quarantine as per the guidelines in this document.
9. To ensure student privacy, students who test positive will be taken/sent to the library to await their parent. If they are an elementary student, they will be accompanied by a staff member.
10. The students or paras who test positive on a Monday, if they exhibit no symptoms, they may return to test again, the following week.
11. If the student comes in late on Monday, he/she will be tested in the appropriate office prior to being admitted to class.

## **Administration, Teachers & Other Classified Staff**

1. All administration, teachers and staff will be masked with KN-95 or N-95 masks.
2. Administration, teachers and staff will go to the library as they arrive at school on Monday (between 7:30AM – 8:30AM).
3. Administration, teachers and staff will sit in marked spaces in the library that are 6 feet apart to await their testing.
4. A school or medical representative will administer tests to teachers in the principal's office. Most home tests take 10-15 minutes to show a result.
5. The administrator, teacher or staff member will return to their original spot to wait for results.

6. Once the administrator, teacher or staff member is tested their name will be marked off the testing list and a positive or negative indicator will be marked on the page.
7. Administrators, teachers or staff members who test negative will proceed to work upon notification of negative result.
8. Administrators, teachers or staff members who test positive will be directed to go home and quarantine as per the guidelines in this document.
9. If the administrator, teacher or staff member arrives after 8:30 am, on Monday, he/she will test in the appropriate office prior to commencing work.

### **Building Access**

During the **yellow** risk scenario, staff and students are required to remain in their assigned building/school sector. This will limit the reach of COVID-19 in the event of an outbreak. Only the K-12 Principal and the Director of Maintenance are empowered to move freely through all buildings. Both the K-12 Principal and the Director of Maintenance wear face coverings when moving through buildings.

### **Illness at School/Work**

If a student or employee becomes ill at work or is exhibiting symptoms of COVID-19 they will be asked to leave and go home or to the nearest health center. Employees returning to work from an approved medical leave will be asked to submit a healthcare provider's note before returning to work as well as complying with the following Alaska State guidelines.

If the student or staff member is symptomatic, they should be tested for COVID-19 and, if necessary, be evaluated by their health care provider. The student or staff member has tested positive by a molecular or antigen test, they may not return to school until they have met one of the following criteria:

1. If they test positive, they must stay home for a minimum of 5 days<sup>1</sup> since their first symptom or their positive test, whichever is earlier. Once it has been a minimum of 5 days, they may return to school once they have not had a fever in 24 hours **without** the use of fever reducing medicine, as long as their other symptoms are improving.
2. If they test negative, they may return to school when they have not had a fever in 24 hours **without** the use of fever reducing medicine **and** their other symptoms are improving.
3. If they do not get a test, they must stay home for a minimum of 5 days. They may return to school when it has been a minimum of 5 days **and** they have not

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<sup>1</sup> <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

had a fever in 24 hours **without** the use of fever reducing medicine **and** their other symptoms are improving.

*If a student or employee has symptoms that could be COVID-19 and do not get evaluated by a medical professional or tested for COVID-19, it is assumed that the student/employee has COVID-19 and may not return to school/work until the 3 criteria listed above have been met.*

4. If their health care provider determines there is an alternative diagnosis to COVID-19 causing their symptoms, they may be allowed back to school before the minimum 5 days and without a negative test as long as the following criteria are met:
  - ✓ Their symptoms have resolved and they have not had a fever in 24 hours **without** the use of fever reducing medicine, AND
  - ✓ They have a note from their health care provider saying it is safe for them to come back to school.

This guidance applies regardless of vaccination status.

While we all hope to avoid exposure to illness from COVID-19, we need to be prepared for that possibility. If you or someone you've been in contact with has been exposed to the virus, our first concern is for your health and safety and those around you. In this ongoing situation, healthcare providers should have the most up-to-date information from CDC. We rely on information from our local public health nurse provide us with current information about Prince of Wales Island COVID-19 transmission.

### ***School Closures***

HCS D schools will be closed and will move to the **Red/High Risk** Scenario (*see page 2 & 3*) if there has been one 5 active COVID-19 confirmed cases in Hydaburg in the last 10 days resulting in the designation of a high level of community transmission. HCS D schools will be designated as **Yellow/Medium Risk** Scenario if there is ongoing risk and long-term layered mitigation becomes necessary. HCS D schools will transition to **Green/Low Risk** Scenarios if there are no confirmed cases of COVID-19 in the last 10 days and no reported increase in the number of cases over the last 10 days with all cases being classified as recovered.

### **Flexibility and evidence-based decision making will guide HCS D's decisions to shift between Green, Yellow, and Red risk scenarios.**

- HCS D will closely monitor local, Prince of Wales Island and SE regional trends with COVID-19 infections to include Ketchikan and Seattle. If regional trends shift rapidly, HCS D will utilize this information to consider what risk scenario would provide the appropriate safety precautions for our students, families, and staff members.
- Additionally, if there are active COVID-19 cases in Craig, Klawock, or another POW Island community, that could directly impact HCS D families, HCS D

reserves the right to transition to a higher risk scenario to provide the strongest safety precautions for our students, families, and staff members.

After high-travel holidays: Thanksgiving Break, Winter Break, and Spring Break, HCSD Schools will be in **Red/High Risk** Scenario for one school week following the break. Remote learning will take place during this time.

## Parent & Family Engagement

### *Communications*

HCSD communication protocols aim to inform and engage all stakeholders within the community regardless if we are functioning within a traditional in-person school model, hybrid school model, or distance delivery (remote) school model. The importance of timely communication to all stakeholders cannot be overstated. Major announcements and day-to-day messaging to the community from the school will include emails, phone messages, *Remind* text messages, school based social media platforms, classroom newsletters, updates to HCSD's websites, and regular POW Island Post articles.

### *Meetings*

If HCSD is at **Red/High Risk**, then all meetings will be via Zoom or other video conferencing application.

### *Handbook – The Following was Provided to all Parents & Students*

#### **14.0 COVID-19 Emergency Procedures**

The global pandemic resulting from COVID-19 has created unprecedented challenges for schools. Student, family, staff and community safety must be our greatest priority while we create programs and systems to support student education. HCSD has created a plan that we believe will meet the needs of our students while also keeping us all safe. The Hydaburg City School District Mitigation Plan is available for review up on request. Now, everyone has new responsibilities in the “time of COVID”.

#### **Student Responsibilities:**

- Enter & exit only at designated entry & exit points.
- Have your temperature taken by HCSD staff daily.
- If in first grade and above, wear a face covering while at school.
- Wash hands (or use hand sanitizer) at least twice while at school or any time after unsanitary action.
- Maintain social distancing as directed by teacher and staff.
- Let your teacher know if you're feeling sick.
- Attend school and learn to the BEST of your ability both at school and remotely.

#### **Parent Responsibilities:**

- Keep your student home if they are sick. Ensure they have no symptoms for at least 24 hours before they may return to school.
- Provide a face covering for your student and support wearing it at school.
- Maintain communication with school if you or your child tests positive for COVID-19 or if you've been in direct contact with someone who has tested positive. Do not send your child to school until the appropriate isolation time has been completed.<sup>2 3</sup>
- Support your student in remote learning.
- Participate in online parent meetings as appropriate.
- Pick up and drop off elementary-aged students promptly.
- If the school is in **RED** or **YELLOW** risk levels, abide by visitation limitations indicated by school mitigation procedures.

#### **HCS D Staff Responsibilities:**

- Model all expected behaviors for students.
- Support students in maintaining hand washing.
- Support students in maintaining social distancing.
- Support students in wearing face coverings while at school.
- Provide academic, personal, and social support to our students.
- Support the sanitization of the school to keep our students safe.
- Communicate with parents/families as appropriate to 1) keep students safe and 2) keep parents informed.

#### **HCS D Teacher Responsibilities:**

- Model all expected behaviors for students.
- Provide clear safety guidelines for classroom communities.
- Create engaging learning opportunities for students both in-school and remotely.
- Provide strong communication with parents that includes parent guidance for remote learning.
- Provide feedback about learning acquisition to both students and families. ▪ Provide academic, personal, and social support to our students.

#### **HCS D Administrative Responsibilities:**

- Clearly communicate policy, processes & procedures to students, families, staff and community.
- Provide appropriate tools for both in-school and remote learning.
- Provide opportunities for safe extra-curricular experiences as appropriate.
- Provide training as appropriate for staff & teachers to deliver remote learning.
- Enforce safety processes & procedures.

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<sup>2</sup> <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html> <sup>3</sup>  
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

- Stay informed about COVID-19 from the Alaska Department of Health and Social Services, the Centers for Disease Control, and other Island Superintendents.

Unfortunately, as COVID-19 is a serious and deadly disease, we must maintain strong disciplinary guidelines to ensure student safety. If students do not comply with COVID19 safety responsibilities, then they must be sent home as we cannot risk other students' safety for misbehavior. We will work with students to provide guidance toward better choices, but if misbehavior continues, the student will be sent home. Three infractions will result in a conference with the administration to discuss the best approach with for the student. All parents will be required to sign the COVID-19 Emergency Precautions Awareness form prior to their child entering school. (*Form attached.*)

### **Wrap Around Support & Community Services**

HCSD Partners with community organizations ensure the safety of our students, staff, and all community members. Our counselors and administration work with local counselors, the local ICWA worker, social services, OCS, the Alaska State Troopers, the Hydaburg Cooperative Association, the City of Hydaburg and SEARHC Medical Clinic in Hydaburg to determine needs of community members during COVID-19. We all realize this is a unique situation and a variety of services are needed to help meet the need. SEARHC provides free asymptomatic COVID-19 testing which helps us to support the reduction of community spread. Then, symptomatic COVID-19 rapid testing is also available through SEARHC when available. <https://covid19.searhc.org/> Additionally, home antigen testing is available for purchase or through community resources.

### **Transportation**

HCSD only provides transportation to those students for whom it is required in their Individual Education Plan (IEP). Students with transportation indicated as an accommodation are transported individually. Appropriate PPE is worn to protect both the student and the driver. Disinfection takes place immediately after transport.

### **Trauma Informed Practices & Social Emotional Needs**

#### ***Counseling Services***

HCSD has two full-time school counselors on staff to serve our K-12 students. One counselor will serve our K-5 student population at Hydaburg Elementary School. Our second counselor will serve our Hydaburg Secondary School students (6-12). Counselors will work with their teams and administrators to determine when their services will be provided in-person or remotely. Counselors will work with schools to support staff with best practices around Trauma Informed Practices. A focus will be placed on supporting a positive climate and culture that acknowledges universal trauma care strategies for students.

## Welcome Back Planning

Communication is the most essential component to support returning to the classroom at HCSD for parents, students, and staff. HCSD also provides information to teachers, parents and community members so they were clear on all protocols and processes that would be in place when school starts. This communication was very important to helping assure our community of our deep concern for our students' and the communities wellbeing. Our intent is that all members of our school community understand the need for COVID-19 protocols and also understand that we are working hard to keep our doors open.

## Food Services

During a **Green/Low Risk Scenario** or a **Yellow/Medium Risk Scenario** HCSD lunch service will be provided within the students' classrooms to ensure appropriate social distancing. During a **Yellow/Medium Risk Scenario** a Group 1 and Group 2 schedule will be distributed to families indicating which students will attend school in-person each day for on-site full day instruction and which students will be attending at home in an asynchronous model. For those students not in attendance at HCSD breakfast and lunch services will be provided for enrolled families by delivery. All breakfasts will be provided to homes by delivery. Other options will be explored during **red** or remote learning as appropriate. These options might include "bulk" delivery of meals to homes.

## Learning Gaps

HCSD will assess all students using multiple means, to determine current learning level at least three times annually. Among the assessment methods will be NWEA MAP, Renaissance STAR, IXL assessments, teacher made assessments, the GORT, SORT and MAZE assessments in reading. From the assessment data, HCSD teachers & staff will be able to determine if the student has reached appropriate levels of proficiency in the topics indicated. If not, then individualized instruction will be designed to help each student achieve at appropriate levels.

HCSD has invested in specific curriculum to support reading instruction at the secondary level and mathematics at all levels. A learning plan will be designed for each student.

## Interventions

HCSD uses a Multi-Tiered System of Support (see attached) that specifies three tiers of support in both academic and behavioral arenas. Interventions in Tier I include place

based, project based, personalized learning in academics and PBIS & SEL strategies in behavioral.

## School Schedules

The **Green/Low Risk** Scenario is regular, full day instruction with no alterations in scheduling.

The **Yellow/Medium Risk** Scenario school schedule, is as follows:

### Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 9:00 – 12:00	Group A in School Group B at Home	Group A & B at Home			
Session 2 12:30 – 3:30	Group B in School Group A at Home				

### First Grade through Fifth Grade

Enter and exit through the playground door by HCSD District Office, supervised pick up with be at the designated times.

School Begins at 9:00 AM for Group A Dismiss

Group A at 12:00 PM.

Sack lunch at 12:00 for Group A students to take home.

School Begins at 12:30 PM for Group B

Lunch at 12:30 – 12:45 PM in the classroom for Group B.

Dismiss Group B at 3:30 PM.

### Sixth Grade through Twelfth Grade

#### Group A

Time	Learning Cohorts		
	(1)	(2)	(3)
9:00 – 9:10	Morning Meeting, Announcements		
9:10 – 9:50	Reading 1	Reading 2	Reading 3

9:50 – 10:50	LA SS	Math/Science	Extension/Support
10:50 – 11:00	<i>Break</i>		
11:00 – 12:00	Math/Science	LA/SS	Extension/Support

**Group B**

Time	Learning Cohorts		
	(1)	(2)	(3)
12:30 – 12:40	Morning Meeting, Announcements		
12:40 – 1:20	Reading 1	Reading 2	Reading 3
1:20 – 2:20	LA SS	Math/Science	Extension/Support
2:20 – 2:30	<i>Break</i>		
2:30 – 3:30	Math/Science	LA/SS	Extension/Support

The **Red/High Risk** Scenario is fully remote learning where schedules will be determined by at home learning support.

**Delivery Methods**

Each year, HCSD will evaluate the risk level and open school in the most appropriate scenario for instructional delivery. HCSD has invested in multiple online resources to help support instruction if moving to remote learning becomes necessary. Teachers have become adept at using video-conferencing tools to communicate with students and parents.

If we move to remote learning we will execute the testing and screening plan outlined in this document that enables the school and community to quickly contain any outbreak so that on-site learning may proceed following sanitation, increased mitigation measures, and heightened awareness. We believe on-site learning is best for our students and we will work to provide on-site learning as long as we can provide it safely.

Appropriate accommodations for children with disabilities with respect to the health and safety policies:

Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.

## **Professional Learning for Educators**

Teacher and classified staff begin the school year with an inservice. During the inservice, health and safety measures are modeled. Teachers are called upon to be advocates for mitigation methods at the schools. Presenters discussed developing reflexes for safety such as mask wearing and maintaining social distancing. Several strategies for blended and remote learning are presented. Based on initial inservice training, teachers have a clear understanding of expectations, student schedules and safety and sanitation protocols. Paraprofessionals are also provided with information on expectations. Each paraprofessional was assigned to a teacher's classroom to help provide instruction, sanitation procedures, and support for mitigation processes.

Teachers have been offered funding to pursue professional learning in online instructional methods. All teachers are encouraged to pursue some level of training that matches their instructional level and professional need. We have also provided an extended Professional Learning Time every Friday to support discussions about blended instruction and both academic and social interventions with students during COVID-19.

## **Workforce Management: Staffing**

HCSD will be prepared, if necessary, to transition from a hybrid to distance delivery environment depending on public health conditions. All negotiated agreements and all labor laws will be followed to ensure HCSD educators understand the expectations of a new and fluid work environment.

Maintaining full employment for staff is an important value to the HCSD. If HCSD is required to move into a **Red/High Risk** remote delivery instructional model, HCSD will develop functional "employment expectations" that allow employees to continue working within their contract stipulations and employment agreements while directly or indirectly serving student learning responsibilities.

HCSD is dedicated to protecting the safety of our students and staff and will respond to any requests or concerns made by students, staff, and community members regarding working conditions and safety. Requests to address issues of working conditions and safety should be made to direct supervisors, however, reports may be made anonymously to HCSD's superintendent with no repercussions.

## **Workforce Management: Considerations Related to Negotiated Agreements**

All legally required leaves and leaves available through the district's negotiated agreements will be available, communicated, and honored.

## **Staff Travel**

When a staff member is returning from travel out of the State of Alaska, they must quarantine upon return to Hydaburg for a minimum of 72 hours. COVID variants, close proximity to others during travel, and new contacts while out of the community all contribute to additional risk of transmission. Any leave taken to meet this requirement is the responsibility of the staff member, planning returns to Hydaburg from destinations out of state should include this requirement.

## **Connectivity**

In 2020-2021, Alaska Power & Telephone is providing internet access to all families at a discount. The school district provided the remainder of the cost of service for each family who needed it. In 2021-2022, HCSD received a grant to provide free internet to all students' homes. All homes were provided with hardware to access the internet in the spring of 2020, and internet was provided for free by AP&T. Now, they will utilize the installed hardware and lines to provide free connectivity.

The school will partner with AP&T throughout the year to ensure that appropriate homes receive service. HCSD provides communications between families and AP&T while managing the service program.

Additionally, the Central Council Tlingit and Haida provided all tribally enrolled students with Chromebooks. A grant funded program was able to provide all other students with a Chromebook as well. Therefore, all students at HCSD have access to a computer and internet so they may participate in on-site, blended, or remote learning.

## **Federal Funding and Flexibility**

Flexibility has been extended for federal grant funds available to HCSD. Each program has provided guidelines on funding flexibility. HCSD will follow and comply with programmatic guidelines.

## **Student Activities and Travel**

HCSD follows the Alaska School Activities Association guidelines for student activities and travel.<sup>3</sup> HCSD will support the following sports: Cross Country, Volleyball, and eSports. All protocols for practice and travel will be followed. There will be no elementary or middle school travel. High school sports travel will only be where and when appropriate, if non-traveling means of competing are possible, then athletes will not

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<sup>3</sup> <https://asaa.org/wp-content/uploads/COVID-19-Protocols-for-All-Activites-During-the-202122-Season.pdf>

travel. AASA guidelines are included with this plan; additionally, they may be found at: <https://asaa.org/covid-19/>.

## Facility Use and Sanitation

Facility use agreements between HCSD and community organizations will be unavailable during the current COVID-19 pandemic. All HCSD facilities will be closed to community-sponsored events.

### *Sanitation Practices*

The safety of our students and staff are our primary priority. Our schools will be completely cleaned and disinfected and we will continue to adhere to all necessary safety precautions. In addition to the deep cleaning all school facilities before students and employees return, the cleaning steps outlined below are to be taken to disinfect workplace surfaces, chairs, tables, etc., to protect students and employees and reduce the risk of spread of infection.

### General Disinfection Measures

Area	Frequency
Classrooms and Offices	At the end of each day
Appliances	Daily
Electronic Equipment	At the end of each day/use and/or between uses
General used objects like light switches, handles, sinks, restrooms	At least 2 times a day
Buses & Vans	At the end of each use
Common Areas	At the end of each use and/or between groups

Deep cleaning is triggered when an active student or employee is identified as positive for COVID-19 based on testing. When a student or employee with a suspected infectious disease is identified, and has left the building; their work area, along with any other known places they have been will be thoroughly cleaned and disinfected. The person cleaning and disinfecting will wear a mask and gloves (and/or all other appropriate PPE) and will discard them using safety protocols immediately afterwards. Hands will be washed and sanitized at the completion of the procedure. During times of a specifically known or suspected disease outbreak, HCSD will consult public health officials to determine if there is a proper way to discard waste or if other PPE should be worn by staff.

Additionally, disinfecting wipes and/or a bleach solution spray bottle will be provided to all classrooms, offices, and work locations. HCSD employees are required to regularly

disinfect personal work stations daily, schedule regular times during the school day for students to disinfect their personal work stations, and disinfect all appliances and electronic equipment after each use.

HCSD has also invested in disinfecting foggers that will be utilized to “fog” classrooms and offices spaces, per the manufacturer instructions, as appropriate.

## COVID-19 Emergency Precautions Awareness



To help keep our students, staff, and families safe and healthy we must follow guidelines set by the Alaska Department of Health and Social Services, by the Centers for Disease Control, and by the Indian Health Service. Each of these organizations has provided guidance for communal gathering including in schools.

**Please initial each of the following in order to indicate your understanding and acceptance of the guidelines:**

**Student NAME:** \_\_\_\_\_

Parent Initial	COVID-19 Emergency Precautions
	I will not send my student to school if they are ill. Ill includes green or yellow phlegm from the mouth or nose, fever, achiness, coughing, stomach upset with diarrhea or vomiting within the last 24 hours. I will ensure my student has been <b>symptom free</b> for at least 24 hours.
	I realize my student's temperature will be recorded each day as they enter the school building. Their temperature will be documented. If any student has a temperature of 100.4 degrees or above, parents will be called and the student will be sent home.
	If my student is in the first grade or above, they will wear a appropriate face covering throughout the school day. They will be able to remove the face covering briefly to eat or drink but only when socially distanced from others. Refusal to wear a face covering will be grounds for dismissal from school. If any student refuses to wear a mask, the parent will be contacted to pick up the student.
	If the local risk level is indicated to be either RED or YELLOW, I realize that I cannot visit my child at school. Only school employees and students may be in the facilities. Students may be dropped off and picked up outside the building in a designated space. Supervision will be provided during drop off and pick up. I agree to be on time to pick up my child.
	My student will be required to wash their hands three or more times during their school day. If my student has skin problems or needs accommodations in this area, I will provide the necessary products to meet my student's needs.
	If my student repeatedly does not follow social distancing guidelines as instructed by the teacher, principal, or staff, my student will be dismissed for the day. I will be contacted to pick up my student. Multiple infractions will result in a conference with administration to determine what is in the best interest of my student and the school community as a whole.
	If my student becomes ill (as defined above) within the school day, I will be contacted immediately and my student will be isolated until I can come to get them.
	Students will enter the building at designated entry points only. Additionally, students will remain in designated areas. Those continually outside of designated areas will be sent home.
	I understand that a variety of products will be used to disinfect the school facilities, especially hi-traffic areas. If my student exhibits signs of a reaction to products I will communicate with the school to help support strategies to help keep my child well.
<b>Parent Name:</b> _____	

<b>Parent Signature:</b>
<b>Date:</b>

## **COVID-19 PROTOCOLS FOR ALL ACTIVITIES DURING THE 2021-22 SEASON**

ASAA believes it is essential to the physical and mental well-being of students to participate in educational based athletics and activities. We recognize that all schools may be unable to return to all students to activities at the same time across the state. However, ASAA endorses the idea of returning students to athletics and activities in any and all situations where it can be done safely

COVID-19 prevention strategies remain critical to protect our students, communities and state. At this time here are the protocols that ASAA has in place for all activities.

- The NFHS Rules Considerations adopted for the 2020-21 school year are no longer required. Schools may choose to continue some or all of the modifications.
- ASAA highly recommends all participants be vaccinated
- Cloth face coverings are permissible for participants in all activities
- Electronic whistles are permissible
- All players must have 10 separate days of physical practice (Article 7 Section 7)
- Roster size limit for basketball is 12
- Each wrestler is required to have at least one-half of their weigh-ins during the season at the minimum weight they will wrestle during the state tournament.
- Medical examination must be completed and certified within the last 18 months •  
Schools may ask for a blanket academic waiver

# ASAA COVID-19 Basketball Recommendations

## as of 11/30/2020

This document is intended to provide guidance for schools to consider with their stakeholders in writing mitigation plans for basketball at any risk level.

District mitigation plans should be designed in accordance with state and local restrictions. The Alaska Department of Health and Social Services (DHSS) is available to provide consultation on mitigation plans. To request assistance, please email [karol.fink@alaska.gov](mailto:karol.fink@alaska.gov) or call 907-310-8721

### Points of Emphasis

- Do not allow any basketball event to take place unless all protocols can be followed.
- Educate coaches, advisors and parents on the symptoms of COVID-19. Any individual who has even one of the symptoms must stay home and get tested.
- Educate coaches, advisors and parents on the importance of following protocols in order to keep their activity going.
- Advisors and coaches should take the NFHSlearn COVID-19 course and/or view the ASAA COVID-19 Educational Presentation.
- Parents should view the ASAA COVID-19 Educational Presentation for parents and receive the COVID-19 handout.
- It is recommended that people who are at increased risk for severe illness including coaches, students, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. Information from the CDC on who are at increased risk can be found at <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/>
- There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.
- Schedule a minimum of 20 minutes between the end of one event and the beginning of individuals showing up for another event.
- Schools must be prepared for periodic closures and the possibility of some athletes or teams having to quarantine for up to two weeks.
- Close contact between any individuals should be limited to the extent possible. Close contact is defined as being within 6 feet of an infected individual for at least 15 minutes. The 15 minutes is cumulative so even a 30 second huddle adds to the risk.
- Require visiting teams to screen their participants prior to arriving at your venue.
- When attending an event you are responsible to bring your own towels, hand sanitizer and medical kits.
- Individuals should screen at home before arriving at practice or event. STAY HOME IF SYMPTOMATIC.

## Facilities

- Cleaning and disinfecting must be conducted in compliance with CDC. The most current guidelines can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>
- Weight equipment should be wiped down thoroughly before & after each individual's use.
- Any equipment such as benches, athletic pads, etc. having holes with exposed foam should be covered.
- Facilities must have visual indicators (cones, tape, etc.) of proper spacing between individuals.
- Hand sanitizer should be plentiful and available to all participants. Place them at entrances, meeting rooms, locker rooms, scoring tables, benches, etc. Encourage all individuals to use often.
- Train outdoors whenever feasible.
- When indoors ensure ventilation systems operate properly and increase circulation of outdoor air. Open windows and doors when feasible.
- Block off areas to keep participants and spectators separated by a minimum of 12 feet.
- Have separate entrance and exit points. Use signage for direction of walking traffic.
- Monitor locker rooms to maintain 6 feet between all individuals.
- Use signage or close every other stall to encourage physical distancing of all individuals in restrooms.

## Participants/Advisors/Coaches/Supervisors

- Prior to attending advisors, coaches, supervisors & participants must sign a waiver of liability related to COVID-19.
- Advisors, coaches, supervisors, and participants should be screened prior to arriving at an event and again when they arrive. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.
- Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-quarantine, and contact their primary care provider or other healthcare professional.
- Maintain physical distancing of 6 feet between all individuals at all times except when actively competing.
- Cloth face coverings by participants should be used when not engaging in vigorous activity, such as in the locker room, sitting on the bench, during meetings, etc. Encourage masks during warm-ups, skill work or whenever they can be tolerated by the athlete.
- Participants should always be allowed to wear face coverings, if desired.
- Plastic shields covering the entire face will not be allowed in basketball due to the risk of unintended injury to the person wearing the shield or others.
- Coaches should wear face coverings (ideally surgical grade) and eye protection. Especially when physical distancing is not possible.
- Participants must come dressed to participate and leave to shower and change.
- Individuals must bring their own water bottle that is labeled and filled. No sharing of water bottles.
- No pre or post match handshakes or high fives.
- Avoid all non-sport related contact. I.e. high fives, fist/elbow bumps, group celebrations, huddles, etc.

## Basketball Specifics

- Follow all NFHS Basketball Rules Considerations.
- Balls should be sanitized prior to and after use by wiping down with a non-alcohol wipes. Allow to dry completely before using.
- Conduct practice in pods of students with the same 5-10 students training together to limit overall exposure.
- Balls may be shared within pods, however every 14 minutes the balls must be sanitized or replaced.
- Hands must be sanitized before and after sharing equipment.
- Encourage players to not lick their hands and then wipe their shoes.
- Remind participants to not touch their face.
- Limit the consumption of food to decrease the amount of hand face contact.
- Each team should bring their own warm-up balls to a game.
- No high fives when substituting.
- 2-3 sanitized back up balls should be at the scorer's table.
- The size of your facility will determine if you have spectators. You must allow for 6 feet of distancing between all individuals including participants.
- Bleacher seating should be marked and restricted such that there is 6' of physical distancing and every other row is unoccupied.
- Limit team benches to essential personnel (coaches & participating players).
- In tournaments, have designated areas for each team that allows for 6' social distancing.
- Face coverings are required of all spectators.
- Discourage yelling and cheering by allowing artificial noise makers that do not interfere with the official's whistle. No use of airhorns or megaphones.
- No concessions. To decrease the amount of hand face contact, no food or drink allowed.
- Post flyers and make PA announcements with COVID information ie. symptoms, protection. [Print Resources](#)
- Workers should wear face coverings and eye protection.

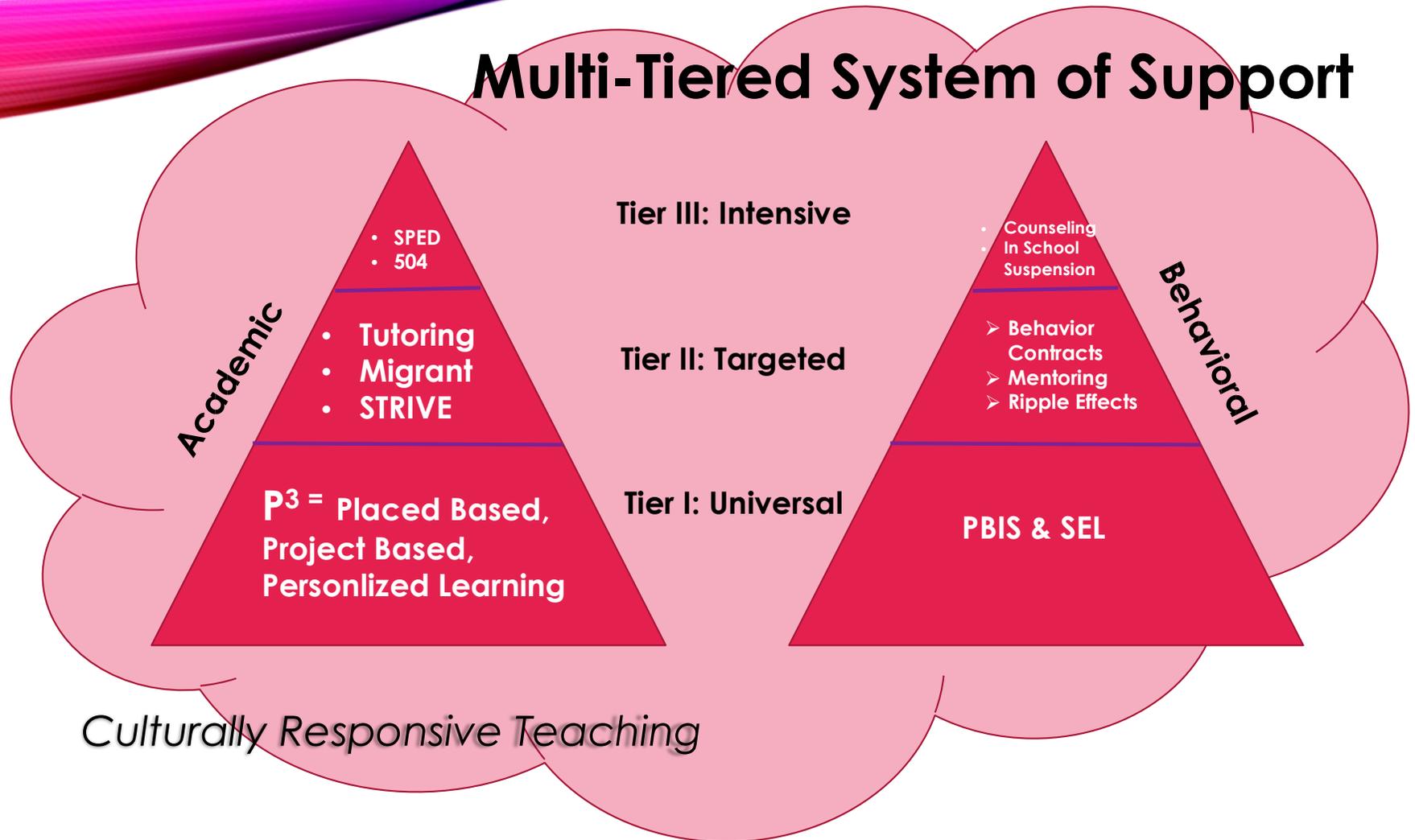
## Important Information

- You cannot test yourself out of quarantine.
- Adherence to mitigation plans is crucial.
- If there is a positive test, schools will work with public health officials and communicate with students and families.
- Antigen testing guidelines will be included once information is available.

Using these guidelines to develop quality mitigation plans for practices and events will allow activities to continue in Alaska high schools.



# Multi-Tiered System of Support



Hydaburg City School District